

JANUARY 2024

Complete Care Dining Service Inc. Monthly Menu



	Am Snack	Breakfast	Lunch	Pm Snack	Dinner	
Monday 01/01/24	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	HAPPY NEW YEAR Soup of the Day Fish on a Bun w/3 Bean Salad & Pickles Or Grill Pastrami & Cheese Sandwich w/Beet Salad Dessert: Tropical Fruit	Coffee/Tea Assorted Snacks	HAPPY NEW YEAR Tossed Salad Roast Pork Loin w/Apples & Sauted Onions Served w/Garlic Mash Potatoes & Red Cabbage Or Stuffed Flounder w/Crab Meat & Rice Pilaf w/ Broccoli	Dessert: Strawberry Short /cake
Tuesday 01/02/24	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Turkey Salad Platter w/Lettuce & Tomato & 3 Bean Salad Or Salami & Cheese Sandwich w/Coleslaw Dessert: Tropical Fruit Cup	Coffee/Tea Assorted Snacks	Tossed Salad Chicken Tenders w/ French Fries & Broccoli Or Baked Ham w/ Baked Potato & Cauliflower	Dessert: Red Velvet Cake
Wednesday 01/03/24	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	MENU PLANNING DAY	Coffee/Tea Assorted Snacks	Soup of Day Veal & Peppers w/ Rice & Green Beans Or Beer Battered Pollock w/ Whipped Potatoes & California Blend	Dessert: Ice Cream
Thursday 01/04/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of Day Rotisserie Chicken w/Cream Broccoli Or Pizza w/French Fries Dessert Pears	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Cutlet w/ Gravy served w/ Baked Potato & Broccoli w/ Cheese. Or Fried Shrimp w/ Sweet Potato Fries & Broccoli w/ Cheese	Dessert. Fruit Cobbler
Friday 01/05/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup Of the Day Hot Turkey Sandwich w/Mash Potatoes Or Seafood Salad Platter w/tomato Salad Dessert: Tropical Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Shells w/ Meat Sauce Or Pork Loin w/ Gravy served w/ Garlic Whipped Potatoes & Spinach	Dessert: Pound Cake

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Saturday 01/06/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of The Day Cheese Steak w/Potato Salad Or Chicken Salad Sandwich w/Coleslaw Dessert: Tropical Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Cabbage w/ Yams & Zucchini Or Chicken Cordon Bleu w/ Seasoned Potatoes & Key West Blend	Dessert: Ice Cream
Sunday 01/07/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup Of the Day Ruben Sandwich w/Melon Wedge Or Chicken Salad w/Marinated Tomatoes Dessert: Apple Crisp	Coffee/ Tea Assorted Snacks	Tossed Salad Baked Ham w/ Baked Beans & Carrots Or Tilapia Francaise w/ Whipped Potatoes & Peas w/ Pearl Onions	Dessert: Coconut Custard Pie
Monday 01/08/24	Coffee/ Tea Assorted Danish	Chef honors all breakfast request	Soup of the Day Pulled Pork on a Bun served w/Macaroni & Cheese Or Egg Salad Sandwich w/Green Bean Salad Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Baked Chicken w/ Baked Potato & Zucchini w/ Tomatoes Or Beef Bourguignon w/ Noodles & Broccoli	Dessert: Chocolate Pudding
Tuesday 01/09/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Seafood Salad Platter w/ Lettuce & Tomato & Carrot Raisin Salad Or Turkey & Swiss Cheese Sandwich w/Beet Salad Dessert: Fruit	Coffee/ Tea Assorted Snacks	Tossed Salad BBQ Chicken w/ Yams & Asparagus Or Spaghetti & Meatballs w/ Mixed Vegetables	Dessert: Boston Cream Pie
Wednesday 01/10/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	MENU PLANNING DAY	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Marsala w/ Buttered Corn & Green Beans Or Baked Salmon w/ Whipped Potatoes & Cauliflower	Dessert: Pudding Parfaits

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Thursday 01/11/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Cheeseburger w/French Fries Or Turkey Salad Platter w/Spinach Salad Dessert: Pears	Coffee/ Tea Assorted Snacks	Tossed Salad Beer Battered Cod w/ Baked Potato & Brussels Sprouts Or Meat Lasagna w/ Key West Blend	Dessert: Lemon Cake
Friday 01/12/24	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Tuna Salad on a Croissant w/Carrot Raisin Salad Or Sliced Turkey Sandwich w/Potato Salad Dessert: Apricots	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Francese w/ Rice & Green Beans Or Swedish Meatballs w/ Noodles & Malibu Blend	Dessert: Brownie

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Saturday 01/13/24	Coffee/ Tea Assorted Danish	Chef honors all Requests	Soup of the Day Cuban Sandwich w/Broccoli Slaw Or Liverwurst on Rye w/Onions, Pickles & Macaroni Salad Dessert: Jello	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Cabbage w/ Rice & California Blend Or Baked Ham w/ Au Gratin Potatoes & Asparagus	Dessert: Chocolate Pudding
Sunday 01/14/24	Coffee/ Tea Assorted Danish	Chef Honors all Request	Soup of the Day Hot Dog w/Sauerkraut w/Baked Beans Or Ruben Sandwich w/French Fries Dessert: Mandarin Oranges	Coffee/ Tea Assorted Snacks	Tossed Salad Fried Chicken w/ Potato Pancakes & Red Cabbage Or Pot Roast w/ Gravy served w/ Sweet Potato & Carrots	Dessert: Chocolate Pudding

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Monday 01/15/24	Coffee/ Tea Assorted Danish	Chef honors all Request	Soup of The Day Ham & Cheese Sandwich w/Coleslaw Or Grill Cheese w/Side Salad Dessert: Fresh Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Pot Roast w/ Gravy, Whipped Potatoes, Red Cabbage Or Lemon Tilapia, Noodles, Stewed Tomatoes	Dessert: Jell-O
Tuesday 01/16/24	Coffee/ Tea Assorted Danish	Chef Honors all request	Soup of the Day Philly Cheese Sandwich w/Potato salad Or Chicken Salad Sandwich w/3 Bean Salad Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Tossed Salad Turkey, Stuffing, Gravy w/ Sweet Potato & Carrots Or Fried Shrimp w/ French Fries & Spinach	Dessert: Apple Pie
Wednesday 01/17/24	Coffee/ Tea Assorted Danish	Chef honors all request	MENU PLANNING DAY	Coffee/ Tea Assorted Snacks	Soup of the Day Pork Chop w/ Gravy served w/ Stuffing & Red Cabbage Or Chicken Cutlet w/ Gravy served w/ Noodles & Cauliflower	Dessert: Sponge Cake
Thursday 01/18/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Ham & Cheese Sandwich w/Coleslaw Or Baked Fish on a Bun w/French Fries Dessert: Mandarin Oranges	Coffee/ Tea Assorted Snacks	Tossed Salad Chipotle Crusted Tilapia w/ Rice Pilaf & Broccoli Or Veal Cutlet w/ Gravy served w/ Whipped Potatoes & Asparagus	Dessert: Carrot Cake
Friday 01/19/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Pork Roll & Cheese on a Bun w/Potato Salad Or Baked Chicken Sandwich w/Tomato & cucumber Salad Dessert: Fruit Salad	Coffee/ Tea Assorted Snacks	Tossed Salad Garlic & Herb Flounder w/ Yellow Rice & Cream Spinach Or Penne ala Vodka w/ Chicken served w/ California Blend.	Dessert: Jell-O

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Saturday 01/20/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of The Day Shrimp Taco w/Tortilla Chips & Salsa Sauce Or Salami & Cheese w/Carrot Raisin Salad Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Tossed Salad Corn Beef w/ Cabbage, Boiled Potatoes & Carrots Or Meatloaf w/ Gravy served w/ Needles & Carrots	Dessert: Banana Pudding
Sunday 01/21/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Fish Filet on a Bun w/Peas & Carrots Or Sloppy Joe on a Bun w/Side Salad Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Veal Scallopine w/ Tri Color Pasta & Zucchini Or Baked Pangasius w/ Whipped Potatoes & Key West Blend	Dessert: Ice Cream
Monday 01/22/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Fruit & Cheese Platter w/Cucumber Salad Or Salami & Cheese Sandwich w/Beet Salad Dessert: Apricots	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Cacciatore w/ Sweet Potato & Green Bean Casserole Or Meat Lasagna w/ Peas & Carrots	Dessert: Tapioca Pudding
Tuesday 01/23/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Pulled Pork on a Bun served w/Macaroni & Cheese Or Egg Salad Sandwich w/Green Bean Salad Dessert: Fruit Salad	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Chicken w/ Baked Potato & Carrots Or New England Scrod w/ Macaroni & Cheese & California Blend	Dessert: Cheesecake
Wednesday 01/24/24	Coffee/ Tea Assorted Danish	Chef honors all request	MENU PLANNING DAY	Coffee/ Tea Assorted Snacks	Soup of the Day Homemade Stuffed Peppers w/Scallop Potatoes w/Green Beans Or Baked fish w/Lemon Butter Sauce w/rice & Carrots	Dessert: Assorted Pies
Thursday 01/25/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of Day Pulled Pork on a Bun w/Baked Beans Or Grill Ham & Cheese Sandwich w/Chips Dessert: Pudding	Coffee/ Tea Assorted Snacks	Tossed Salad Roast Turkey w/Gravy & Stuffing w/Cauliflower Or Meatloaf w/Gravy & Mash Potatoes w/Carrots	Dessert: Cheese Cake
Friday 01/26/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Chef Salad Platter w/Chicken/Crackers Or Chicken Pot Pie w/Mixed Vegetables Dessert: Slice Apples	Coffee/ Tea Assorted Snacks	Tossed Salad Ravioli" w/ Meatballs served w/ Mixed Vegetables. Or Veal Cordon Bleu w/ Rice & Cauliflower	Dessert: Banana Cake

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Saturday 01/27/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of Day Grill Turkey & Cheese Sandwich w/Broccoli Slaw Or Salami & Cheese Sandwich w/Beet & Onion Salad Dessert: Cookies	Coffee/ Tea Assorted Snacks	Tossed Salad Sausage Parmesan w/ Ziti Marinara & Malibu Blend Or Salisbury Steak w/ Whipped Potatoes & Peas & Carrots	Dessert: Blueberry Pie
Sunday 01/28/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Grill Cheese w/Tomato & Carrot Raisin Salad Or Pastrami & Swiss Cheese Sandwich w/Marinated Tomatoes Dessert: Pudding	Coffee/ Tea Assorted Snacks	Tossed Salad Swedish Meatballs w/ Egg Noodles & Green Beans Or Fried Chicken w/ Whipped Potatoes & Beets	Dessert: Coconut Custard Pie
Monday 01/29/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Baked Chicken on a Bun w/Marinated Cucumbers Or Salami & Provolone on Rye w/Coleslaw Dessert: Fresh Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Meatloaf w/ Gravy served w/ Whipped Potatoes & Glazed Carrots Or Crab Cakes w/ Rice Pilaf & Zucchini	Dessert: Brownie

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Tuesday 01/30/24	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Cheeseburger on a bun w/Lettuce & Tomato & French Fries Or Hot Dog w/Sauerkraut & Baked Beans Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Tenders w/ French Fries & Broccoli Or Baked Ham w/ Baked Potato & Cauliflower	Dessert: Banana Pudding
Wednesday 01/31/24	Coffee/Tea Assorted Danish	Chef honors all request	MENU PLANNING DAY	Coffee/Tea Assorted Snacks	Soup of the Day Chicken Tenders w/French Fries & broccoli Or Baked Ham w/Cream Corn & Cauliflower	Dessert: Banana Pudding

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