

OCTOBER 2021

Complete Care Dining Service Inc. Monthly Menu



	Am Snack	Breakfast	Lunch	Pm Snack	Dinner	
Friday 10/1/21	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Rotisserie Chicken w/ Cream Broccoli Or Pizza w/ French Fries Dessert: Pears	Coffee/Tea Assorted Snacks	Tossed Salad Meatloaf w/ Whipped Potatoes & Glazed Carrots Or Crab Cakes w/ Rice Pilaf & Zucchini	Dessert: Brownie
Saturday 10/2/21	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Hot Turkey Sandwich w/ Mashed Potatoes Or Seafood Salad Platter w/ Tomato Salad Dessert: Fruit Cup	Coffee/Tea Assorted Snacks	Tossed Salad Chicken Tenders w/ French Fries & Broccoli Or Baked Ham w/ Baked Potato & Cauliflower	Dessert: Red Velvet Cake
Sunday 10/3/21	Coffee/Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Cheese Steak w/ Potato Salad Or Chicken Salad Sandwich w/ Coleslaw Dessert-Tropical Fruit Cup	Coffee/Tea Assorted Snacks	Tossed Salad Veal & Peppers w/ Rice & Green Beans Or Beer Battered Pollock w/ Whipped Potatoes & California Blend	Dessert: Ice Cream
Monday 10/4/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	July 4 BBQ	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Cutlet w/ Gravy served w/ Baked Potato & Broccoli w/ Cheese. Or Fried Shrimp w/ Sweet Potato Fries & Broccoli w/ Cheese	Dessert. Fruit Cobbler
Tuesday 10/5/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Rueben Sandwich w/ Melon Wedge Or Chicken Salad w/ Marinaded Tomatoes Dessert: Apple Crisp	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Shells w/ Meat Sauce Or Pork Loin w/ Gravy served w/ Garlic Whipped Potatoes & Spinach	Dessert: Pound Cake

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Wednesday 10/6/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Pulled Pork on a Bun served w/ Macaroni & Cheese. Or Egg Salad Sandwich w/ Green Bean Salad Dessert=Peaches	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Cabbage w/ Yams & Zucchini Or Chicken Cordon Bleu w/ Seasoned Potatoes & Key West Blend	Dessert: Ice Cream
Thursday 10/7/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Menu Planning Day	Coffee/ Tea Assorted Snacks	Soup of the Day Baked Ham w/ Baked Beans & Carrots Or Tilapia Francaise w/ Whipped Potatoes & Peas w/ Pearl Onions	Dessert: Coconut Custard Pie
Friday 10/8/21	Coffee/ Tea Assorted Danish	Chef honors all breakfast request	Soup of the Day Cheeseburger w/ French Fries Or Turkey Salad Platter w/ Spinach Salad Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Baked Chicken w/ Baked Potato & Zucchini w/ Tomatoes Or Beef Bourguignon w/ Noodles & Broccoli	Dessert: Chocolate Pudding
Saturday 10/9/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Pork Roll & Cheese on a Bun w/ Hash Brown Or Italian Hoagie w/ Side Salad Dessert: Pears	Coffee/ Tea Assorted Snacks	Tossed Salad BBQ Chicken w/ Yams & Asparagus Or Spaghetti & Meatballs w/ Mixed Vegetables	Dessert: Boston Cream Pie
Sunday 10/10/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Hot Dog w/ Sauerkraut w/ Baked Beans Or Liverwurst on Rye w/ Coleslaw Dessert-Mandarin Oranges	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Marsala w/ Buttered Corn & Green Beans Or Baked Salmon w/ Whipped Potatoes & Cauliflower	Dessert: Pudding Parfaits
Monday 10/11/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Pastrami on Rye w/ Carrot Raisin Salad Or Grilled Cheese w/ Side Salad Dessert: Fresh Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Beer Battered Cod w/ Baked Potato & Brussel Sprouts Or Meat Lasagna w/ Key West Blend	Dessert: Lemon Cake
Tuesday 10/12/21	Coffee/ Tea Assorted Danish	Chef honors all Breakfast request	Soup of the Day Ham & Cheese Sandwich w/ Coleslaw Or Baked Fish on a Bun w/ French Fries Dessert: Mandarin Oranges	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Francaise w/ Rice & Green Beans Or Swedish Meatballs w/ Noodles & Malibu Blend	Dessert: Brownie

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Wednesday 10/13/21	Coffee/ Tea Assorted Danish	Chef honors all Requests	Bologna & Cheese Sandwich w/Coleslaw Or Chicken Salad on a Croissant w/ Marinated Tomatoes Dessert-Tropical Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Cabbage w/ Rice & California Blend Or Baked Ham w/ Au Gratin Potatoes & Asparagus	Dessert: Chocolate Pudding
Thursday 10/14/21	Coffee/ Tea Assorted Danish	Chef Honors all Request	Menu Planning Day	Coffee/ Tea Assorted Snacks	Soup of the Day Fried Chicken w/ Potato Pancakes & Red Cabbage Or Pot Roast w/ Gravy served w/ Sweet Potato & Carrots	Dessert: Chocolate Pudding
Friday 10/15/21	Coffee/ Tea Assorted Danish	Chef honors all Request	Soup of the Day Baked Chicken on a Bun, Marinated Cucumbers Or Salami & Provolone on Rye, Coleslaw Dessert: Fresh Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Pot Roast w/ Gravy, Whipped Potatoes, Red Cabbage Or Lemon Tilapia, Noodles, Stewed Tomatoes	Dessert: Jell-O
Saturday 10/16/21	Coffee/ Tea Assorted Danish	Chef Honors all request	Soup of the Day Pork Roll & Cheese on a Bun w/Potato Salad Or Baked Chicken Sandwich w/ Tomato & Cucumber Salad Dessert: Fruit Salad	Coffee/ Tea Assorted Snacks	Tossed Salad Turkey, Stuffing, Gravy w/ Sweet Potato & Carrots Or Fried Shrimp w/ French Fries & Spinach	Dessert: Apple Pie
Sunday 10/17/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Shrimp Salad on a Croissant w/ Carrot Raisin Salad Or Grilled Ham & Swiss w/ Coleslaw Dessert-Peaches	Coffee/ Tea Assorted Snacks	Tossed Salad Pork Chop w/ Gravy served w/ Stuffing & Red Cabbage Or Chicken Cutlet w/ Gravy served w/ Noodles & Cauliflower	Dessert: Sponge Cake
Monday 10/18/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the day American Hoagie w/ Side Salad Or Chicken Salad Sandwich w/ Pasta Veggie Salad Dessert: Pears	Coffee/ Tea Assorted Snacks	Tossed Salad Chipotle Crusted Tilapia w/ Rice Pilaf & Broccoli Or Veal Cutlet w/ Gravy served w/ Whipped Potatoes & Asparagus	Dessert: Carrot Cake
Tuesday 10/19/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Fish Filet on a Bun w/ Peas & Carrots Or Sloppy Joe on a Bun w/ Side Salad Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Tossed Salad Garlic & Herb Flounder w/ Yellow Rice & Cream Spinach Or Penne ala Vodka w/ Chicken served w/ California Blend.	Dessert: Jell-O

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Wednesday 10/20/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Fruit & Cheese Platter w/Cucumber Salad Or Salami & Cheese Sandwich w/ Beet Salad Dessert-Apricots	Coffee/ Tea Assorted Snacks	Tossed Salad Corn Beef w/ Cabbage, Boiled Potatoes & Carrots Or Meatloaf w/ Gravy served w/ Noodles & Carrots	Dessert: Banana Pudding
Thursday 10/21/21	Coffee/ Tea Assorted Danish	Chef honors all request	Menu Planning Day	Coffee/ Tea Assorted Snacks	Soup of the Day Veal Scallopine w/ Tri Color Pasta & Zucchini Or Baked Pangasius w/ Whipped Potatoes & Key West Blend	Dessert: Ice Cream
Friday 10/22/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Seafood Salad Platter w/ Side Salad Or Corn Beef & Swiss on Rye w/ Coleslaw Dessert: Mandarin Oranges	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Cacciatore w/ Sweet Potato & Green Bean Casserole Or Meat Lasagna w/ Peas & Carrots	Dessert: Tapioca Pudding
Saturday 10/23/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Chef Salad Platter w/ Mixed Vegetables Or Chicken Pot Pie Dessert: Sliced Apples	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Chicken w/ Baked Potato & Carrots Or New England Scrod w/ Macaroni & Cheese & California Blend	Dessert: Cheesecake
Sunday 10/24/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Tuna Salad on a Croissant w/ Carrot Raisin Salad Or Sliced Turkey Sandwich w/ Potato Salad Dessert-Apricots	Coffee/ Tea Assorted Snacks	Tossed Salad Stuffed Peppers w/Rice & Key West Blend Or Beef Stew w/ Noodles & Broccoli	Dessert: Chocolate Pudding
Monday 10/25/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Baked Chicken on a Bun w/ Marinated Cucumbers Or Salami & Provolone on Rye w/ Coleslaw Dessert-Fresh Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Pot Roast w/ Gravy served w/ Whipped Potatoes & Red Cabbage Or Lemon Tilapia w/ Noodles & Stewed Tomatoes	Dessert: Sweet Potato Pie

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Tuesday 10/26/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Baked Chicken on a Bun w/ Sweet Potato Fries Or Ham & Swiss on Rye w/ Coleslaw Dessert: Ice Cream	Coffee/ Tea Assorted Snacks	Tossed Salad Ravioli" w/ Meatballs served w/ Mixed Vegetables. Or Veal Cordon Bleu w/ Rice & Cauliflower	Dessert: Banana Cake
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	Am Snack	Breakfast	Lunch	Pm Snack	Dinner	
Wednesday 10/27/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Turkey Sandwich w/ Three Bean Salad Or Roast Beef Sandwich w/ Pasta Veggie Salad Dessert: Peaches	Coffee/ Tea Assorted Snacks	Tossed Salad Sausage Parmesan w/ Ziti Marinara & Malibu Blend Or Salisbury Steak w/ Whipped Potatoes & Peas & Carrots	Dessert: Blueberry Pie
Thursday 10/28/21	Coffee/ Tea Assorted Danish	Chef honors all request	Menu Planning Day	Coffee/ Tea Assorted Snacks	Soup of the Day Swedish Meatballs w/ Egg Noodles & Green Beans Or Fried Chicken w/ Whipped Potatoes & Beets	Dessert: Coconut Custard Pie
Friday 10/29/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Rotisserie Chicken w/ Cream Spinach Or Pizza w/ French Fries Dessert: Pears	Coffee/ Tea Assorted Snacks	Tossed Salad Meatloaf w/ Gravy served w/ Whipped Potatoes & Glazed Carrots Or Crab Cakes w/ Rice Pilaf & Zucchini	Dessert: Brownie
Saturday 10/30/21	Coffee/ Tea Assorted Danish	Chef honors all request	Soup of the Day Hot Turkey Sandwich w/ Gravy served w/ Mashed Potatoes. Or Seafood Salad Platter w/ Tomato Salad Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks	Tossed Salad Chicken Tenders w/ French Fries & Broccoli Or Baked Ham w/ Baked Potato & Cauliflower	Dessert: Banana Pudding
Sunday 10/31/21	Coffee/Tea Assorted Danish	Chef honors all request	Soup of the Day Cheese Steak w/Potato Salad Or Chicken Salad Sandwich /Coleslaw Dessert: Tropical Fruit Cup	Coffee/Tea Assorted Snacks	Tossed Salad Veal & Peppers w/Rice & California Blend Or Beer Battered w/Whipped Potatoes & Green Beans	Dessert: Ice Cream

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